

Customer name:  
email:

Phone number:

## APPETIZERS

### APPETIZERS

165	Dry Garlic Pork	\$11.99	_____
4024	Fully Cooked Popcorn Chicken	\$13.99	_____
4316	Mini Dry Pork Ribs	\$10.99	_____
4078	Mini Franks in Pastry	\$7.99	_____
514	Stuffed Potato Skins	\$9.99	_____
4072	Taco Bites	\$9.99	_____

### BACON WRAPPED

541	Bacon Wrapped Jalapeño Shooters®	\$11.99	_____
525	Bacon Wrapped Scallops	\$23.99	_____
299	Bacon Wrapped Shrimp	\$19.99	_____
237	Mini Bacon Wrapped Chicken Fillets	\$19.99	_____

### DIPS

795	Mozza Marinara	\$4.99	_____
793	Spinach, Artichoke & Cheese	\$4.99	_____

### CHICKEN CHUNKS

	- Buffalo, Extreme Crunch, Original	\$13.99	_____
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### MEATBALLS

4040	Italian Style Beef 2 lb	\$14.99	_____
30	Italian Style Beef 3 lb	\$20.99	_____
15	Sirloin Beef	\$16.99	_____
248	Turkey	\$13.99	_____

### FULLY COOKED CHICKEN WINGS

	- Barbecue, Buffalo, Extreme Crunch Jumbo, Honey Barbecue, Honey Garlic, Jumbo Crispy, Jumbo Crispy Buffalo, Louisiana Style, Salt & Pepper, Spicy Maple Chipotle	\$19.99	_____
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### SHRIMP APPETIZERS

358	Jumbo Coconut Shrimp	\$13.99	_____
4453	Panko Shrimp	\$14.99	_____
319	Popcorn Shrimp	\$13.99	_____
370	Shrimp Platter	\$20.99	_____
371	Shrimp Ring	\$15.99	_____
4544	Shrimp Tempura	\$10.99	_____
4046	Small Shrimp Ring	\$9.99	_____
333	Stuffed Sweet 'n Spicy Shrimp	\$13.99	_____
334	Crispy Torpedo Shrimp	\$15.99	_____
372	Extra Large Shrimp Fan	\$22.99	_____

### PARTY PACKS

4301	Asian Party Pack	\$14.99	_____
4533	Crunchy Chicken Variety Pack	\$16.99	_____
477	Game Day Party Pack	\$15.99	_____
4520	Indian Party Pack	\$14.99	_____
4398	Pub Party Pack	\$14.99	_____
4107	Hors d'Oeuvre Quartet	\$9.99	_____
4094	Thai Party Pack	\$14.99	_____
4095	Dumpling Trio	\$10.99	_____
4452	Seafood Party Pack	\$23.99	_____

### PIZZA ROLLS

	- Cheesy, Pepperoni	\$9.99	_____
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### VEGETABLES AND CHEESE

4108	Cranberry Brie Pastry	\$8.99	_____
507	Battered Zucchini Sticks	\$8.99	_____
594	Cheddar Cheese Bites	\$10.99	_____
4458	Cheddar-Stuffed Jalapeños	\$9.99	_____
4543	Cheese-Stuffed Mushroom Caps	\$14.99	_____
4457	Cream Cheese Stuffed Jalapeños	\$9.99	_____
539	Fried Battered Mushrooms	\$9.99	_____
529	Fried Battered Pickles	\$9.99	_____
4521	Jalapeno and Cheddar Cheese Sticks	\$9.99	_____
492	Mini Vegetable Spring Rolls	\$6.99	_____
517	Mozzarella Sticks	\$9.99	_____
422	Spanakopita	\$8.99	_____
4451	Spinach and Artichoke Mac and Cheese Bites	\$9.99	_____
4091	Cauliflower Bites	\$10.99	_____

### SKEWERS

4317	Beef and Bacon Skewers	\$20.99	_____
228	Chicken and Pineapple Mini-Skewers	\$14.99	_____
4229	Chicken Satay with Peanut Sauce	\$14.99	_____

### MINI QUICHE

527	Classic French Style	\$8.99	_____
523	Florentine	\$8.99	_____

### FLATBREAD

536	Bruschetta	\$9.99	_____
535	Chipotle Barbecue Chicken	\$9.99	_____
534	Pulled Pork	\$9.99	_____
4539	Spicy Italian	\$9.99	_____
4538	Spinach and Cheese	\$9.99	_____

### SEAFOOD APPETIZERS

526	Calamari Rings	\$12.99	_____
329	Crab Cakes with Cajun Style Dip	\$15.99	_____
4092	Lobster Mac & Cheese Bites	\$10.99	_____
4093	Lobster Stuffed Shrimp Caps	\$14.99	_____

## SAUCES, MARINADES, SPREADS AND NON-FROZEN

### DIPPING SAUCES

744	Sweet & Sour Dipping Sauce	\$3.99	_____
750	Honey Mustard Dipping Sauce	\$3.99	_____
752	Honey Garlic Dipping Sauce	\$3.99	_____
777	Plum Dipping Sauce	\$3.99	_____
844	Buttermilk Dill Dipping Sauce	\$3.99	_____
848	Thai Sweet and Spicy Dipping Sauce	\$3.99	_____
830	Original Barbecue Sauce	\$4.99	_____
831	Honey Garlic BBQ Sauce	\$4.99	_____
833	Maple Bacon BBQ Sauce	\$4.99	_____
836	Apple Butter BBQ Sauce	\$4.99	_____
4834	Cocktail Sauce	\$2.99	_____
4120	Muskoka Cranberry Sauce	\$5.99	_____

### MARINADES

4103	Tomato Piri Piri	\$4.99	_____
4106	Yakitori	\$4.99	_____

### SPREADS

4080	Garlic Aioli	\$4.49	_____
4079	Chipotle Mayo	\$4.49	_____

### DRY-CURED SAUSAGES

4117	Dry Cured Sausage-CLASSIC	\$8.99	_____
4118	Dry Cured Sausage-BEER	\$8.99	_____
4119	Dry Cured Sausage-CHORIZO	\$8.99	_____

### RICE

4723	Long Grain White Rice	\$2.99	_____
4724	Brown Basmati with Wild Rice	\$2.99	_____
4725	Cilantro and Lime Basmati Rice	\$2.99	_____

### NUTS

4123	Planters Almond, Cashew & Macadamia Nuts	\$10.99	_____
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### SIDES, VEGETABLES AND BAKERY

#### SIDES

- Fries (Crinkle Cut, Crispy, Pub, Quick Cook, Shoestring)	\$4.49	_____
- Potato Wedges (Homestyle, Garlic and Rosemary)	\$4.49	_____
731 Tater Nuggets	\$4.49	_____
4074 Cheese & Spinach Ravioli	\$7.99	_____
4075 Spanish Rice	\$7.99	_____
4076 Penne Pasta Salad	\$7.99	_____
702 Grilled Mini Potatoes	\$6.99	_____
824 Hashbrown Patties	\$3.99	_____
4041 Herbed Red Skin Potatoes	\$9.99	_____
4058 Mushroom Risotto	\$9.99	_____
4509 Onion Rings	\$4.99	_____
4542 Salt and Pepper Onion Rings	\$4.99	_____
4556 Supreme Scalloped Potatoes 2 lb	\$10.99	_____
4557 Supreme Scalloped Potatoes 8 oz	\$3.99	_____
4071 Cauliflower Gratin	\$10.99	_____
4097 Gourmet Stuffing	\$9.99	_____

#### GLUTEN-FREE SIDES

- Stuffed Potatoes (Broccoli and Cheese, Gourmet, Classic, and Cheese)	\$10.99	_____
4069 Sweet Potato Mash	\$10.99	_____
412 Homestyle Mashed Potatoes	\$7.99	_____

#### VEGETABLES

4059 Bistro-style Green Beans	\$4.99	_____
4010 Four Bean Salad	\$7.99	_____
4060 Gourmet Floret Medley	\$4.99	_____
4029 Grilled Carrots	\$4.99	_____
4043 Herb and Garlic Asparagus	\$9.99	_____
4007 Mediterranean Salad	\$7.99	_____
4028 Seasoned Sweet Peas	\$4.99	_____

#### BAKERY

500 Garlic Bread	\$3.99	_____
543 Garlic Bread with Cheese	\$4.99	_____
4512 Gourmet Buns	\$5.99	_____
522 Petite Baguettes	\$4.99	_____
515 Rosemary Pull-Apart Bread	\$5.99	_____
544 Pumpernickel Ring	\$6.99	_____

### DESSERTS

#### DESSERTS FOR TWO

755 Apple Blossoms®	\$3.99	_____
762 Apple Crisp	\$3.99	_____
761 Bumble Blossoms®	\$3.99	_____
759 Caramel Apple Blossoms®	\$3.99	_____
633 Caramel Sea Salt Cakes	\$4.99	_____
760 Cherry Blossoms®	\$3.99	_____
647 Crème Brûlée	\$4.99	_____
753 Lavalicious® Chocolate Cake	\$4.99	_____

#### BAR, SQUARES AND CAKES

- Butterscotch Bars, Chocolate Chunk Buttercream Bars, Chocolate Fudge Brownies, Macaroon Madness Bars, Nanaimo Bars, Raspberry Macaroon Bars, Triple Chocolate Fudge Cake	\$15.99	_____
- Gluten Free Bars: Chocolate Lovers Variety Pack, Dessert Bar Variety Pack, Peanut Butter and Jam Bars	\$17.99	_____
659 Lemonicious Lemon Squares	\$17.99	_____
4101 Fruit Crumble Variety Pack	\$17.99	_____

#### DESSERT BITES

- Coffee and Cream Cheesecake, Pralines and Cream Cheesecake, Vanilla Bean Cheesecake, Cookie Butter, Nanaimo	\$9.99	_____
4098 Mini Apple Turnovers	\$10.99	_____
4099 Gourmet Brownie Variety Pack	\$12.99	_____
4102 Classic Coffee Cake Bites	\$12.99	_____

#### CREAM PUFFS AND ECLAIRS

606 Mini Cream Puffs	\$4.99	_____
621 Mini Eclairs	\$4.99	_____
4100 Cannoli Kit	\$12.99	_____

#### CHEESECAKE

- Chocolate Caramel Pecan, Pumpkin, Strawberry	\$9.99	_____
678 Cheesecake Variety Pack	\$16.99	_____
4610 Chocolate Cheesecake Variety Pack	\$16.99	_____

#### TOO TALL® CAKES

4667 Brownie Chunk Cream	\$18.99	_____
619 Chocolate and Cream	\$18.99	_____
644 Country Harvest Carrot	\$17.99	_____
638 Lemon and Cream	\$17.99	_____
664 Orange and Cream	\$17.99	_____
662 Strawberry Shortcake	\$17.99	_____
640 Tuxedo Truffle	\$17.99	_____
695 White Chocolate Raspberry	\$17.99	_____

#### PIES

607 Homestyle Apple	\$7.99	_____
748 Homestyle Apple Crumble	\$10.99	_____
613 Homestyle Pecan	\$8.99	_____
4664 Key Lime	\$11.99	_____
4612 Lemon Meringue	\$7.99	_____

#### YULE LOGS

4536 Chocolate Yule Log	\$19.99	_____
4537 Vanilla Raspberry Yule Log	\$19.99	_____

### KITCHEN ESSENTIALS

4701 Swedish Sponge Cloths	\$5.99	_____	4945 Reusable Cooler Waffle Bag	\$3.99	_____
4730 Euroscrubby Eco Friendly All Purpose Cloth	\$2.99	_____	4803 White Cocktail Forks	\$1.00	_____
4793 Gourmet Pan Scraper	\$2.99	_____	4952 Farberware Steak Knife	\$2.99	_____
4896 Pre-Cut Parchment Paper	\$5.99	_____	4939 Farberware Slotted Turner	\$4.99	_____
4848 Onion soup bowl	\$6.49	_____	4940 Farberware Flat Turner	\$4.99	_____
4859 Black Peppercorn Grinder	\$8.99	_____	4942 Farberware Nylon Basting Spoon	\$4.99	_____
4860 Sea Salt Grinder	\$8.99	_____	4938 Farberware Bamboo Cutting Board	\$12.99	_____
4747 Cookina Oven Liner	\$10.99	_____	4941 Farberware Pizza Wheel	\$8.99	_____
4931 Cookina Barbecue Grilling Sheet	\$14.99	_____	4704 Farberware Pie Server	\$5.99	_____
4968 3-Qt Vortex Air Fryer	\$149.99	_____			



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**PREPARED MEALS**

**SINGLE-SERVE SOUPS**

- Broccoli and Cheddar, Chicken Noodle, French Onion, Loaded Potato, Mushroom, Spicy Thai Coconut Chicken, Tomato, Red Peppers and Gouda	\$4.99	_____
- Wonton, Lobster Bisque, Pho, Shrimp Chowder	\$5.99	_____

**MULTI-SERVE SOUPS**

- Broccoli and Cheddar, Loaded Potato	\$8.99	_____
4431 Lobster Bisque	\$9.99	_____

**STOVETOP KITS**

255 Chicken Stir Fry	\$16.99	_____
4460 Sweet and Spicy Shrimp and Bay Scallops	\$15.99	_____
4461 Lemon Herb Chicken and Pasta	\$15.99	_____
4558 Jambalaya	\$16.99	_____
4559 Roasted Vegetable Primavera	\$15.99	_____
467 Chicken Fajitas Kit	\$17.99	_____
4061 Chicken Korma Kit	\$17.99	_____
4463 Beef Lo Mein	\$16.99	_____
4554 Beef Stroganoff	\$17.99	_____
4561 Beef Stir Fry Kit	\$17.99	_____
4562 Beef Fajitas Kit	\$17.99	_____
4566 Chicken Masala Kit	\$17.99	_____

**STEWES AND CHILI**

398 Classic Beef Stew	\$16.99	_____
4397 Classic Chicken Stew	\$15.99	_____
397 Beef Chili	\$11.99	_____

**STOVETOP ENTRÉES**

456 Chicken Quesadillas	\$9.99	_____
87 Gingered Beef	\$15.99	_____
430 Perogies	\$4.99	_____

**PIZZA**

4341 Cheesy Garlic Melt	\$7.49	_____
4340 Deluxe	\$7.49	_____
4240 Mini Pepperoni Pizzas	\$16.99	_____
4339 Pepperoni	\$7.49	_____

**INTERNATIONAL FLAVOURS**

443 Chicken Fried Rice	\$6.99	_____
495 Chicken Spring Rolls	\$6.99	_____
490 Vegetable Egg Rolls	\$6.99	_____

**SINGLE-SERVE QUICHES, PIZZAS AND MEAT PIES**

- Quiche (Classic French, Florentine, Three Cheese)	\$3.99	_____
- Deep Dish Pizza (Deluxe, Pepperoni, Three Cheese)	\$2.99	_____
- Pot Pie (Beef and Mushroom, Creamy Chicken)	\$3.99	_____

**PREMIUM SINGLE-SERVE ENTRÉES**

4325 Chicken Parmigiana and Pasta	\$7.99	_____
4326 Chicken Carbonara	\$7.99	_____
4327 Sweet and Spicy Chicken	\$7.99	_____
4328 Chicken Dumplings and Noodles	\$7.99	_____
4329 Japanese-Style Fried Rice and Beef	\$7.99	_____
4523 General Tao Chicken	\$7.99	_____
4524 Korean Beef	\$7.99	_____
4525 Mediterranean Chicken	\$7.99	_____
4526 Chicken Burrito Bowl	\$7.99	_____
4527 Italian Sausage and Penne	\$7.99	_____
4528 Classic Poutine	\$7.99	_____

**EASY DINING - 2 LB ENTRÉES**

229 Butter Chicken	\$11.99	_____
416 Cabbage Rolls	\$11.99	_____
407 Cheese and Spinach Cannelloni	\$11.99	_____
466 Chicken Lasagna	\$11.99	_____
436 Fettuccine Alfredo	\$10.99	_____
455 Homestyle Tuna Casserole	\$11.99	_____
408 Lasagna	\$10.99	_____
419 Shepherd's Pie	\$10.99	_____
262 Stuffed Pasta Shells 2.25 lb	\$14.99	_____
482 Supreme Homestyle Lasagna	\$11.99	_____
4063 Supreme Stuffed Peppers	\$14.99	_____
403 Three Cheese Pasta Bake	\$10.99	_____
480 Vegetable Lasagna	\$10.99	_____
4070 Gourmet Meatballs in Tomato Sauce	\$14.99	_____
4073 Spicy Sesame Chicken & Rice	\$14.99	_____

**FAMILY DINING - 4 LB ENTRÉES**

497 Cabbage Rolls	\$21.99	_____
409 Lasagna	\$17.99	_____
496 Shepherd's Pie	\$19.99	_____
483 Supreme Homestyle Lasagna	\$19.99	_____

**ENTRÉES FOR TWO**

4505 Chicken Pad Thai	\$8.99	_____
4506 Chicken Teriyaki	\$8.99	_____
4568 Creamy Chicken Pasta	\$8.99	_____
4565 Chicken Alfredo	\$12.99	_____
4563 Chicken Dumplings and Noodles	\$12.99	_____
4564 Four Cheese Tortellini	\$12.99	_____

**SLOW COOKED POT ROAST**

37 Beef Pot Roast	\$21.99	_____
4132 Pork Pot Roast	\$16.99	_____

**MEAT LOAF**

4025 Meat Loaf Minis	\$11.99	_____
4993 Supreme Homestyle Meat Loaf	\$12.99	_____

**SAVOURY PIES**

4450 Broccoli and Cheddar Quiche	\$12.99	_____
4567 Deep Dish Beef and Vegetable Pie	\$13.99	_____
498 Deep Dish Chicken Pie	\$12.99	_____
468 Tourtière	\$7.99	_____

**SINGLE-SERVE ENTRÉES**

437 6 Cheese Tortellini	\$4.49	_____
549 Chicken Parmesan	\$4.49	_____
565 Shanghai Beef Noodles	\$5.99	_____
566 Sesame Chicken Noodles	\$4.49	_____
567 Chicken Pad Thai	\$4.49	_____
580 Three-Cheese Pasta Bake	\$4.49	_____
581 Macaroni and Cheese	\$4.49	_____
582 Cheese and Spinach Cannelloni	\$4.49	_____
583 Fettuccine Alfredo	\$4.49	_____
584 Homestyle Tuna Casserole	\$4.49	_____
585 Chicken Lasagna	\$4.49	_____
586 Lasagna	\$4.49	_____
587 Cabbage Rolls	\$4.49	_____
595 Spaghetti Bolognese	\$4.49	_____
4399 Classic Beef Stew	\$5.99	_____
4429 Beef Chili	\$4.49	_____
4468 Shrimp and Scallop Pasta	\$5.99	_____
4519 Chicken Teriyaki	\$4.49	_____
4535 Shepherd's Pie	\$4.49	_____
4550 Butter Chicken	\$4.49	_____



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### SEAFOOD

SEAFOOD		
4305	Fish Sticks	\$7.99
4454	Lobster Tail Skewers	\$24.99
COD		
310	Nuggets	\$11.99
313	Potato Crusted	\$13.99
4312	Seasoned Breaded	\$10.99
4083	Cod Fillets	\$8.99
SHRIMP		
331	Garlic	\$15.99
340	Herb and Garlic Skewers (4 skewers)	\$16.99
SOLE		
375	Lemon Pepper	\$13.99
4308	Lightly Crusted Lemon Pepper	\$12.99

### BUTCHER

PORK		
4113	Bacon Wrapped Pork	\$11.99
103	Pulled Pork	\$13.99
119	Rib Style Pork Cutlettes	\$19.99
FALL OFF THE BONE® BACK RIBS		
	- Beer and Chipotle, Honey Garlic, Memphis Style, Smoky Barbecue, Tangy Barbecue	\$14.99
FULLY COOKED SAUSAGES & FRANKFURTERS		
	- Sausages (Mild Italian, Oktoberfest®)	\$14.99
118	Frankfurters	\$12.99
POULTRY		
208	Bacon Wrapped Chicken	\$12.99
4000	Boneless Chicken Breasts - individually wrapped	\$12.99
205	Boneless Skinless Chicken Breasts 3lbs	\$28.99
185	Breaded Chicken Fillets	\$18.99
222	Chicken Breast Grills	\$17.99
214	Chicken Strips	\$24.99
4222	Chicken Swiss Melts	\$16.99
207	Country Style Chicken Breasts	\$18.99
4259	Fully Cooked Chicken Nuggets	\$14.99
4002	Grilled Chicken Breast Slices	\$10.99
4324	Pulled Chicken	\$12.99
BEEF		
4001	Korean BBQ Beef Short Ribs	\$22.99
22	Beef Wellington	\$8.99
24	Chateaubriand	\$24.99
45	Philly Beef Steak	\$12.99

MARINATED SIRLOIN STEAKS (4 x 6 oz)		
	- Barbecue, Herb and Garlic, Pepper, Teriyaki	\$23.99

TOP SIRLOIN		
56	Bacon Wrapped Top Sirloin (4 x 5 oz)	\$23.99
35	Boneless Beef Top Sirloin Steaks (4 x 4 oz)	\$18.99
36	Boneless Beef Top Sirloin Steaks (4 x 5 oz)	\$19.99
7	Top Sirloin (6 oz)	\$9.99

NEW YORK STRIPLON		
5	New York Striploin (6 x 6 oz)	\$39.99
9	New York Striploin (9 oz)	\$13.99

SALMON		
301	Jail Island®† Salmon	\$6.99
346	Japanese-inspired Jail Island® Salmon	\$13.99
321	Pacific Fillet	\$12.99
4571	Pink Salmon in Applewood and Maple Sauce	\$3.99
390	Pink Salmon in Dill Sauce	\$3.99
357	Pink Salmon in Herb and Garlic Sauce	\$3.99
345	Portuguese-inspired Jail Island® Salmon	\$13.99
4035	Teriyaki Salmon	\$14.99
311	Salmon Wellington	\$5.99

HADDOCK		
368	Battered Fillets	\$14.99
362	Breaded Fillets	\$16.99
4077	Tenders	\$14.99
4307	Lightly Crusted Garlic and Herb	\$12.99
4082	Haddock Fillets	\$9.99

MARINATED TENDERLOIN		
	- Apple Butter, Teriyaki	\$11.99

MARINATED KABOBS		
	- Chicken and Bacon, Lemon and Herb Chicken, Souvlaki Pork, Steakhouse Seasoned Beef, Teriyaki Chicken	\$2.99

TURKEY		
4096	Turkey Breast	\$19.99

STUFFED GOURMET CHICKEN BREASTS		
	- Broccoli and Cheese, Caesar, Florentine, Kiev, Parmigiana, Swiss	\$5.29

STUFFED BISTRO CHICKEN® BREASTS		
	- Mozzarella Marinara, Portobello, Ricotta and Spinach, Swiss	\$5.29

BREADED CHICKEN BREASTS		
	- Crispy, Original, Spicy	\$19.99

MARINATED CHICKEN BREASTS		
	- Herb and Garlic, Honey Mustard	\$19.99

STEAKS		
49	Beef Bavette Steak (7 oz)	\$10.99
47	Boneless Beef Rib Steak (10 oz)	\$16.99

BACON WRAPPED FILET MIGNONS		
2	Beef Filet Mignons (6 x 4 oz)	\$34.99
51	Beef Filet Mignons (4 x 6 oz)	\$34.99

BURGERS		
4011	Angus Beef Burgers (6 x 5 oz)	\$15.99
43	Chargrilled Veggie Burgers (6 x 4 oz)	\$10.99
4014	Classic Beef Burgers (8 x 4 oz)	\$11.99
4343	Gourmet Chicken Burgers (6 x 5 oz)	\$13.99
4213	Prime Rib Beef Burgers (6 x 5 oz)	\$14.99
4212	Sirloin Beef Burgers (6 x 5 oz)	\$14.99
41	Fully Cooked Tasty Burgers™† (150 pack)	\$189.99
40	Fully Cooked Tasty Burgers™† (16 pack)	\$23.99

BBQ SEASONING		
4067	Gourmet Chicken Spice	\$5.99
4068	Gourmet Steak Spice	\$5.99