

**Boneless, Skinless  
Chicken Breasts**

8-12 BREASTS 1.36 kg

**save \$8  
20<sup>99</sup>**

Also available,  
Boneless, Skinless Chicken Breasts  
4 BREASTS 500 g \$11.99 Save \$1

**INDIVIDUALLY WRAPPED**  
NO ADDITIVES OR PRESERVATIVES



**LOWEST PRICE**  
of the season  
GUARANTEED

**Shrimp Ring**  
42-48 SHRIMP  
454 g  
**save \$6**

Capitail Sauce included

**Asian Party Pack**  
48-58 PIECES  
800 g  
**save \$5**

**9<sup>99</sup> each**

**LOWEST PRICE**  
of the season  
GUARANTEED



**TOO TALL®  
Cakes** 865 g - 1 kg  
Choose from 8 varieties.  
**save \$3  
15<sup>99</sup>**

**Single-Serve Entrées**  
275 g - 340 g  
Choose from 17 varieties.

**SALE  
2 for  
\$8** \$4 each

Also available,  
• Classic Beef Stew 300 g  
• Shrimp and Scallop Pasta 300 g  
• Shanghai Beef Noodles 275 g  
**\$4.99 each Save \$1**

Chicken Pad Thai, Lasagna, Chicken Teriyaki, Spaghetti Bolognaise, Buffalo Chicken, Sesame Chicken Noodles.

**Slow Cooked  
Beef Pot Roast**  
907 g  
**save \$6  
15<sup>99</sup>**

**LOWEST PRICE**  
of the season  
GUARANTEED

**Pork Pot Roast**  
907 g \$12.99 **Save \$4**

The **HOLIDAYS** are closer than you think.

SHOP EARLY AND TAKE ADVANTAGE OF OUR LOWEST PRICE GUARANTEE!

**LOWEST PRICE** of the season **GUARANTEED**

When you see this icon, rest assured it will be our best pricing of the holiday season on that item.

Shop Early - Don't miss out - Avoid the crowds

**NO ADDITIVES OR PRESERVATIVES!**

**19<sup>99</sup>**

**New! Turkey Breast**  
875 g

Also available, **New! Gourmet Stuffing** 900 g \$9.99

**11<sup>99</sup>**

**Apple Butter Pork Tenderloin** 400 g

Also available, **Teriyaki Pork Tenderloin** 400 g \$11.99

**12<sup>99</sup>** each

**Supreme Homestyle Meat Loaf** 600 g

**12<sup>99</sup>** each

**Lightly Crusted Fish** 4-5 PIECES  
500 g - 540 g  
Choose from 2 varieties.

**24<sup>99</sup>**

**Lobster Tail Skewers**  
4 PIECES 200 g

**4<sup>99</sup>** each **sale**

**Stuffed Chicken Breasts**

**GOURMET** 170 g  
Choose from 6 varieties.  
**BISTRO** 142 g  
Choose from 4 varieties.

**5<sup>99</sup>** each

**Salmon Wellington** 150 g

**TRY OUR NEW SALADS AND SIDES**

**Mushroom Risotto** 454 g **9<sup>99</sup>**

**Spanish Rice** 454 g **7<sup>99</sup>**

**Cauliflower Gratin** 500 g **10<sup>99</sup>**

**Mediterranean Salad** 454 g **7<sup>99</sup>** each

**Four Bean Salad** 454 g **7<sup>99</sup>** each

**Farm fresh to frozen in 24 hours**

**PREPARED WITH CARE**

**Homestyle Mashed Potatoes** 650 g **7<sup>99</sup>**

**Supreme Scalloped Potatoes** 227 g **3<sup>99</sup>**

Also available, **Supreme Scalloped Potatoes** 907 g \$10.99

**Sweet Potato Mash** 500 g **10<sup>99</sup>**

Also available, **Seasoned Vegetable Medley** 500 g \$9.99

Sweet Corn 750 g ..... \$4.49	Bistro-style Green Beans 300 g ..... \$4.99
Brussels Sprouts 500 g ..... \$4.49	Seasoned Sweet Peas 300 g ..... \$4.99
Gourmet Floret Medley 300 g ..... \$4.99	Grilled Carrots 300 g ..... \$4.99

**FAMILY SIZE!**  
Serves 6-8

**4 lb Entrées**  
1.81 kg  
Choose from 4 varieties.

PREPARED WITH CARE

save \$2  
**15<sup>99</sup> to 19<sup>99</sup>**

Rolled by hand. Seriously!

**Garlic Bread**  
330 g  
**\$3.99**

Also available, **Garlic Bread with Cheese**  
400 g **\$4.99**

**Savoury Pies**

**11<sup>99</sup> sale**

**Deep Dish Chicken Pie** 907 g  
Also available, **Deep Dish Beef and Vegetable Pie** 907 g **\$12.99 Sale**

From-scratch pastry, broccoli and cheddar

PREPARED WITH CARE

Shortcrust pastry, ultra-flaky finish

**Broccoli and Cheddar Quiche** 615 g **12<sup>99</sup>**

**7<sup>99</sup> Tourtière** 454 g

**TRY OUR NEW PRODUCTS**

**Dumpling Trio**  
15 PIECES 435 g  
LIMITED TIME ONLY  
**10<sup>99</sup> each**

**Lobster Mac & Cheese Bites**  
14 PIECES 252 g

**Lobster Stuffed Shrimp Caps** 12 PIECES 276 g  
LIMITED TIME ONLY  
**14<sup>99</sup> each**

**Thai Party Pack** 24 PIECES 430 g

**GIFT CARDS**  
Give the Gift of Great Taste.

bon appetit 150 gift

Great Food. Helpful Advice.

**save \$3**  
**Chicken Chunks** 17-28 PIECES 680 g  
 Choose from 3 varieties.

**10.99** each

**save \$4**  
**Indian Party Pack**  
 32 PIECES 740 g

**15.99**  
**Game Day Party Pack**  
 45 PIECES 865 g

**14.99**  
**Pub Party Pack**  
 32 PIECES 576 g

**23.99**  
**Seafood Party Pack**  
 30 PIECES 450 g

**White Cocktail Forks**  
**50¢** each sale

**LIMITED TIME ONLY**

**SAUCE BAR**

**BBQ Sauces** 475 mL. **4.99**  
 Choose from 4 varieties.

**Dipping Sauces** 350 mL. **3.99**  
 Choose from 6 varieties.

**MEATBALL MANIA**

**14.99**  
**Sirloin Beef Meatballs**  
 60-70 PIECES 907 g

**11.99**  
**Turkey Meatballs**  
 78-83 PIECES 750 g

**12.99**  
**Italian Style Beef Meatballs**  
 85-95 PIECES 907 g

**save \$2** each

Also available.  
**Italian Style Beef Meatballs**  
 130-140 PIECES  
 1.36 kg \*18.99  
**Save \$2**

# Happy Holidays!

**sale**  
**8<sup>99</sup>**  
**Small Shrimp Ring**  
26-33 SHRIMP 284 g

**sale**  
**19<sup>99</sup>**  
**Shrimp Platter**  
61-70 SHRIMP 624 g

**sale**  
**19<sup>99</sup>**  
**Extra Large Shrimp Fan**  
26-30 SHRIMP 567 g

**12<sup>99</sup>**  
**Shrimp Party Trio**  
27 PIECES 455 g

**14<sup>99</sup>**  
**Panko Shrimp**  
454 g

**10<sup>99</sup>**  
**Shrimp Tempura**  
13-15 PIECES 340 g

**13<sup>99</sup>**  
**each**

**Stuffed Sweet 'n Spicy Shrimp**  
10 PIECES 320 g

**Popcorn Shrimp**  
300 g

**Jumbo Coconut Shrimp**  
16-19 SHRIMP 340 g

**New!**

**Dry Cured Sausage** 175 g **8<sup>99</sup>**

• Classic • Beer • Charito

## BACON WRAPPED BEAUTIES

**Mini Bacon Wrapped Chicken Fillets**  
20 PIECES 340 g

**19<sup>99</sup>**  
**each**

**Bacon Wrapped Shrimp**  
18 PIECES 300 g

**Bacon Wrapped Scallops**  
340 g

**23<sup>99</sup>**

Also available:  
**Bacon Wrapped Jalapeño Shooters\***  
12 PIECES 200 g **\*11.99**

